



**Division of Child Behavioral Health Services
State of New Jersey Department of Children and Families**

DCBHS Training and Technical Assistance Program
UMDNJ-University Behavioral HealthCare
Behavioral Research and Training Institute



Training Announcement

Assessment, Diagnosis & Psychotherapy for Youth with Intellectual Disabilities

The goal of this training is to educate mental health clinicians on assessment skills, diagnostic processes, and psychotherapy techniques for use with youth with co-occurring intellectual disabilities and mental health challenges.

THURSDAY, AUGUST 19, 2010

Location: UMDNJ-UBHC, Behavioral Research & Training Institute

151 Centennial Avenue, Piscataway, NJ 08854

<http://ubhc.umdj.edu/brti/directions.htm>

9:30am – 4:30pm (Registration 9:15am to 9:30am)

Morning coffee and a sandwich lunch will be provided to registered attendees.

Presenter:

Robert Fletcher, DSW, ACSW is founder and CEO of the National Association for the Dually Diagnosed. Dr. Fletcher has dedicated his professional career to improving the lives of individuals who have a dual diagnosis (MI/ID). He has authored articles, book chapters, and books in areas concerning clinical, programmatic, policy as well as research in the field of dual diagnosis. Most recently, he is the Chief Editor of the *Diagnostic Manual – Intellectual Disabilities (DM-ID): A Textbook of Diagnosis of Mental Disorders in Persons with Intellectual Disability*. Additionally, he provides consultation services and lectures on various topics related to mental health aspects in youth and adults with Intellectual Disabilities.

Objectives – participants will be able to:

- Describe five vulnerability factors for psychiatric disorders in youth with intellectual disability (ID).
- Discuss possible causes of aggression and symptoms of depression in youth with ID.
- Identify three modifications of diagnostic criteria as found in the DM-ID.
- Discuss how to conduct a modified psychiatric assessment for a youth with an intellectual disability, including the influence of culture on the assessment process.
- Describe four principles of achieving a therapeutic relationship & three modified techniques used in therapy with youth with ID.
- Apply techniques of the Interactive Model of Group Therapy in a role play.

DCBHS Training is available to all System Partners within the New Jersey statewide System of Care.

On-line registration, at least three business days prior to the training date, is required to secure seating and refreshments.

Space availability will be confirmed automatically via email, after the on-line registration is received.

Attendees are asked to present a copy of their confirmation email at the time of sign-in at the training.

Registration fee is complimentary. Registration is available on-line: www.nj.gov/DCF/behavioral/training/. Should you learn in advance that you will be unable to attend training for which your registration has been confirmed, please email cumminca@umdj.edu so that the space we have reserved for you can be made available for another participant. Participants who sign in on time and are present for the entire training session will receive documentation of attendance. For further information and to discuss possible provisions for any special physical or dietary needs, please call 732-235-9346.

Professional Contact Hours

Please Note – to receive documentation for continuing education, all participants must:

- Arrive on time and be present for the entire session.
- Sign in and sign out.
- Submit a completed evaluation form and certificate request at the end of the program.
- Partial credits will not be issued to participants arriving late or leaving early.

NOTE: Your certificate will be emailed to you within three weeks of receiving your request form.

Licensed Social Workers: University Behavioral HealthCare of the University of Medicine & Dentistry of New Jersey, provider #1173, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program from August 10, 2009 to August 10, 2012. University Behavioral HealthCare of the University of Medicine & Dentistry of New Jersey maintains responsibility for the program. ASWB credits are accepted by the New Jersey State Board of Social Workers. Licensed social workers participating in this course will receive 5 clinical continuing education clock hours. Targeted social work practice level: Beginning.

NOTE: Social Workers must provide their Social Work license/certification/ registration number and license jurisdiction on the sign in sheet and request for certificate. Please be sure to bring this information with you to the training.

Certified Counselors: University Behavioral HealthCare (UBHC) is an NBCC Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. UBHC may award NBCC approved clock hours for events of programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. (5 Clock Hours) Approval number 6198.

Please contact Sharon Eaton at 732-235-9282 with any questions or concerns regarding continuing education documentation for this training.

Training Agenda

9:30am	Registration
9:45am	Concept of dual diagnosis Vulnerability factors for mental illness in intellectual disability (ID) Relationship of challenging behavior and ID – functional significance of aggression Assessment and Diagnostic Procedures: Depression, Bi-Polar, Anxiety, Autism
11:00am	BREAK
11:15am	Overview of the Diagnostic Manual – Intellectual Disability (DM-ID) Interviewing techniques Assessment tools Assessment guidelines Role of culture Best practice assessment & diagnostic procedures
12:30pm	LUNCH
1:30pm	Goals of therapy The Impact of Stress Achieving a therapeutic relationship Strategies & stages for Individual Psychotherapy Model technique for mental wellness
2:45pm	BREAK
3:00pm	Group Psychotherapy <ul style="list-style-type: none">▪ Benefits of group therapy▪ Interactive Model▪ Techniques of Model
4:20pm	Evaluations